

# Flock Time

What You'll Need:

1. Pen/pencil
2. Paper/journal
3. Two hands (for clapping)
4. An open mind

# Haiku



# Want to try for yourself?

## HOW?

- Find something in nature to look at
- How does it make you feel?
- What does it make you think?
- What specifically do you like/dislike about it?
- Use words to paint a picture of what you see following the 5-7-5 syllables per line formula





